



J.K.KANG'S TAEKWONDO CENTER

CLASS SCHEDULE

Effective 8/31/2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 - 10:15a						L.T. & Jr. Make up (All Belt)
10:30 - 11:15a						SPARRING L.T. & Jr. (All Belt)
11:30 - 12:15p						SPARRING Adults/F.I.T. Team Teen/Adult Make up (All Belt)
4:30 - 5:10p	Little Tigers White - Green	Jr. White - Orange	Little Tigers White - Green	Jr. White - Orange	Little Tigers (All Belt)	
5:20 - 6:00p	Jr. Green - Red Little Tigers Blue/blk - Black lv.3	Jr. Red - Black Little Tigers Black lv.3 and up	Jr. Green - Red Little Tigers Blue/blk - Black lv.3	Jr. Red - Black Little Tigers Black lv.3 and up	Jr. White - Orange	
6:00 - 6:30p		Little Tigers White - Green		Little Tigers White - Green		
6:40 - 7:20p	Jr. White - Orange	Jr. Green- Red Little Tigers Blue/blk - Black lv.3	Jr. White - Orange	Jr. Green - Red Little Tigers Blue/blk - Black lv.3	Jr. Green - Red Little Tigers Blue/blk - Black lv.3	
7:20 - 8:00p	Family/Adult (All Belt)	Family (All Belt)	Family/Adult (All Belt)	Family (All Belt)	Jr. Red/black and up	
	Black Belts		Black Belts		Little Tigers Blk lv.4 and up	
8:00 - 8:40p	Teen/Adult (All Belt)	Teen/Adult Green and above	Teen/Adult (All Belt)	Teen/Adult Green and above	TEAM/Instructor Program	

Attend ANY 2 classes per week according to rank + sparring class (optional)

Little Tigers: 3 ½ -5 yrs (30 min)

Juniors: 6 – 12yrs (40 min)

Adults: 12 ½yrs. and up (40 min)

Family: ages 6 and up

*Little Tigers that have turned 6 yrs old or are level 6 Yellow/Blk belt can attend 'Jr. White - Orange' classes